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learning. To a substantial extent, the most effective strategies for learning depend on what kind of learning is desired and toward what ends. Plato and one of his students, Aristotle, were early entrants into the debate about how people learn. They asked, â€œIs truth and knowledge to be found within us

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learn new concepts and material while others struggle. I believe that the difference between these factors is mostly due to a process called holistic learning. As many people who read the initial articles on holistic learning commented, you may notice that your own learning style closely reflects holistic learning. Holistic learning isn't a new

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